

# PK LB W-Vlaanderen: Session: 3: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 08:00 until 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ryckeman Brian

Coaches: Valcke Rik

Coaches: Segaert Wim

Coaches: Vanmaercke Inge

Coaches: Taveirne Bea HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 20: 100M BUTTERFLY MEN 13+		Heat:3, starttime: 09:05
Heat: 3/6 Lane : 1 Athlete: VANSIELEGHEM JAYDEN		Q-time: 01:18:11
PB (50m pool): 01:18.11 Antwerp 02/02/2025		PB (25m pool): 01:13.82 SB: no time
	<b>50 M</b>	<b>100 M</b>
PB	00:35.73	01:18.11
	00:35.73	00:42.38
	.....	.....

Coach feedback:

Event number: 20: 100M BUTTERFLY MEN 13+		Heat:4, starttime: 09:07
Heat: 4/6 Lane : 1 Athlete: DEVOS MATHIS		Q-time: 01:12:43
PB (50m pool): 01:12.43 Lago Gent Rozebroeken 04/05/2025		PB (25m pool): 01:10.46 SB: no time
	<b>50 M</b>	<b>100 M</b>
PB	00:33.80	01:12.43
	00:33.80	00:38.63
	.....	.....

Coach feedback:

Event number: 20: 100M BUTTERFLY MEN 13+		Heat:4, starttime: 09:07
Heat: 4/6 Lane : 4 Athlete: QUARTIER MATISSE		Q-time: 01:08:85
PB (50m pool): 01:08.85 Lago Gent Rozebroeken 04/05/2025		PB (25m pool): 01:07.17 SB: no time
	<b>50 M</b>	<b>100 M</b>
PB	00:32.80	01:08.85
	00:32.80	00:36.05
	.....	.....

Coach feedback:

# PK LB W-Vlaanderen: Session: 3: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 20: 100M BUTTERFLY MEN 13+</b>		<b>Heat:5, starttime: 09:09</b>	
<b>Heat: 5/6 Lane : 2 Athlete: DHEERE RéMI</b>		<b>Q-time: 01:05:69</b>	
PB (50m pool): no time		PB (25m pool): 01:05.69 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	no time	no time	
	<i>no time</i>		
	.....	.....	

Coach feedback:

<b>Event number: 20: 100M BUTTERFLY MEN 13+</b>		<b>Heat:5, starttime: 09:09</b>	
<b>Heat: 5/6 Lane : 6 Athlete: VANDYCKE LUCAS</b>		<b>Q-time: 01:04:46</b>	
PB (50m pool): 01:04.46 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 01:02.07 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:29.03	01:04.46	
	<i>00:29.03</i>	<i>00:35.43</i>	
	.....	.....	

Coach feedback:

<b>Event number: 20: 100M BUTTERFLY MEN 13+</b>		<b>Heat:6, starttime: 09:11</b>	
<b>Heat: 6/6 Lane : 1 Athlete: DEVOS RHUNE</b>		<b>Q-time: 01:01:30</b>	
PB (50m pool): 01:01.30 Antwerpen 27/07/2025		PB (25m pool): 01:00.62 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:28.91	01:01.30	
	<i>00:28.91</i>	<i>00:32.39</i>	
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Coach feedback:

<b>Event number: 20: 100M BUTTERFLY MEN 13+</b>		<b>Heat:6, starttime: 09:11</b>	
<b>Heat: 6/6 Lane : 4 Athlete: VANSIELEGHEM KILLIAN</b>		<b>Q-time: 00:56:90</b>	
PB (50m pool): 00:56.90 Antwerp 09/02/2025		PB (25m pool): 00:56.10 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:26.69	00:56.90	
	<i>00:26.69</i>	<i>00:30.21</i>	
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Coach feedback:

# PK LB W-Vlaanderen: Session: 3: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 21: 100M BUTTERFLY WOMEN 13+</b>		<b>Heat:1, starttime: 09:13</b>	
<b>Heat: 1/5 Lane : 3 Athlete: VAN CAUWENBERGE LIO</b>		<b>Q-time: 01:43:63</b>	
PB (50m pool): 01:43.63 Antwerpen 13/07/2025		PB (25m pool): 01:28.52 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:44.18	01:43.63	
	<i>00:44.18</i>	<i>00:59.45</i>	
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Coach feedback:

<b>Event number: 21: 100M BUTTERFLY WOMEN 13+</b>		<b>Heat:2, starttime: 09:15</b>	
<b>Heat: 2/5 Lane : 3 Athlete: DEKEYSER NORAH</b>		<b>Q-time: 01:26:77</b>	
PB (50m pool): 01:26.77 Antwerpen 13/07/2025		PB (25m pool): 01:20.36 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:38.64	01:26.77	
	<i>00:38.64</i>	<i>00:48.13</i>	
	.....	.....	

Coach feedback:

<b>Event number: 22: 50M BUTTERFLY MEN 11-12</b>		<b>Heat:1, starttime: 09:24</b>	
<b>Heat: 1/5 Lane : 5 Athlete: VERMOTE SIEBE</b>		<b>Q-time: 99:99:99</b>	
PB (50m pool): no time		PB (25m pool): no time SB: no time	
	<b>50 M</b>		
PB	no time		
	<i>no time</i>		
	.....		

Coach feedback:

<b>Event number: 22: 50M BUTTERFLY MEN 11-12</b>		<b>Heat:2, starttime: 09:25</b>	
<b>Heat: 2/5 Lane : 0 Athlete: MONTENY KENZIE</b>		<b>Q-time: 99:99:99</b>	
PB (50m pool): no time		PB (25m pool): no time SB: no time	
	<b>50 M</b>		
PB	no time		
	<i>no time</i>		
	.....		

Coach feedback:

# PK LB W-Vlaanderen: Session: 3: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 22: 50M BUTTERFLY MEN 11-12</b>		<b>Heat:3, starttime: 09:27</b>
<b>Heat: 3/5 Lane : 3 Athlete: DE WILDE BAS</b>		<b>Q-time: 00:44:66</b>
PB (50m pool): no time		PB (25m pool): 00:44.66 SB: no time
	<b>5 0 M</b>	
PB	no time	
	<i>no time</i>	
	. . . . .	

Coach feedback:

<b>Event number: 22: 50M BUTTERFLY MEN 11-12</b>		<b>Heat:4, starttime: 09:28</b>
<b>Heat: 4/5 Lane : 4 Athlete: FERKET AIDAN</b>		<b>Q-time: 00:40:91</b>
PB (50m pool): no time		PB (25m pool): 00:40.91 SB: no time
	<b>5 0 M</b>	
PB	no time	
	<i>no time</i>	
	. . . . .	

Coach feedback:

<b>Event number: 22: 50M BUTTERFLY MEN 11-12</b>		<b>Heat:5, starttime: 09:30</b>
<b>Heat: 5/5 Lane : 2 Athlete: STAELENS TYLER</b>		<b>Q-time: 00:36:30</b>
PB (50m pool): 00:36.30 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:36.70 SB: no time
	<b>5 0 M</b>	
PB	00:36.30	
	<i>00:36.30</i>	
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Coach feedback:

<b>Event number: 22: 50M BUTTERFLY MEN 11-12</b>		<b>Heat:5, starttime: 09:30</b>
<b>Heat: 5/5 Lane : 5 Athlete: LAFORCE LANDER</b>		<b>Q-time: 00:35:49</b>
PB (50m pool): 00:46.14 Izegem 22/06/2024		PB (25m pool): 00:35.49 SB: no time
	<b>5 0 M</b>	
PB	00:46.14	
	<i>00:46.14</i>	
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Coach feedback:

# PK LB W-Vlaanderen: Session: 3: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 22: 50M BUTTERFLY MEN 11-12</b>		<b>Heat:5, starttime: 09:30</b>
<b>Heat: 5/5 Lane : 7 Athlete: DAUWE LARS</b>		<b>Q-time: 00:36:48</b>
PB (50m pool): 00:36.48 Brugge 15/03/2025 PB (25m pool): 00:33.56 SB: no time		
	<b>5 0 M</b>	
PB	00:36.48	
	00:36.48	
	.....	

Coach feedback:

<b>Event number: 23: 200M BACKSTROKE WOMEN 13+</b>				<b>Heat:1, starttime: 09:31</b>
<b>Heat: 1/4 Lane : 4 Athlete: SEGAERT HANNE</b>				<b>Q-time: 03:03:44</b>
PB (50m pool): 03:17.75 Kortrijk 26/12/2024 PB (25m pool): 03:03.44 SB: no time				
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>
PB	no time	01:37.54	no time	03:17.75
	no time			
	.....	.....	.....	.....

Coach feedback:

<b>Event number: 23: 200M BACKSTROKE WOMEN 13+</b>				<b>Heat:2, starttime: 09:36</b>
<b>Heat: 2/4 Lane : 6 Athlete: DEKEYSER NORAH</b>				<b>Q-time: 02:55:71</b>
PB (50m pool): no time PB (25m pool): 02:55.71 SB: no time				
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>
PB	no time	no time	no time	no time
	no time			
	.....	.....	.....	.....

Coach feedback:

<b>Event number: 23: 200M BACKSTROKE WOMEN 13+</b>				<b>Heat:3, starttime: 09:40</b>
<b>Heat: 3/4 Lane : 8 Athlete: DEVUYST OONA</b>				<b>Q-time: 02:42:16</b>
PB (50m pool): no time PB (25m pool): 02:42.16 SB: no time				
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>
PB	no time	no time	no time	no time
	no time			
	.....	.....	.....	.....

Coach feedback:

# PK LB W-Vlaanderen: Session: 3: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 23: 200M BACKSTROKE WOMEN 13+</b>				<b>Heat:4, starttime: 09:44</b>	
<b>Heat: 4/4 Lane : 3 Athlete: DEPAEPE ELIZE</b>				<b>Q-time: 02:30:63</b>	
PB (50m pool): 02:30.63 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:22.85 SB: no time					
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	00:35.65	01:14.30	01:53.43	02:30.63	
	00:35.65	00:38.65	00:39.13	00:37.20	
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 24: 200M BACKSTROKE MEN 13+</b>				<b>Heat:1, starttime: 09:47</b>	
<b>Heat: 1/4 Lane : 4 Athlete: VANDEVIJVERE LARS</b>				<b>Q-time: 02:45:69</b>	
PB (50m pool): no time PB (25m pool): 02:45.69 SB: no time					
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	no time	no time	no time	no time	
	no time				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 24: 200M BACKSTROKE MEN 13+</b>				<b>Heat:2, starttime: 09:52</b>	
<b>Heat: 2/4 Lane : 2 Athlete: VAN CRAEYNST BAS</b>				<b>Q-time: 02:40:33</b>	
PB (50m pool): 02:40.33 Antwerpen 20/07/2025 PB (25m pool): 02:29.87 SB: no time					
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	00:38.57	01:19.88	02:00.70	02:40.33	
	00:38.57	00:41.31	00:40.82	00:39.63	
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 24: 200M BACKSTROKE MEN 13+</b>				<b>Heat:3, starttime: 09:56</b>	
<b>Heat: 3/4 Lane : 4 Athlete: DEVOS RHUNE</b>				<b>Q-time: 02:26:96</b>	
PB (50m pool): 02:26.96 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:25.00 SB: no time					
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	00:34.33	01:12.08	01:49.97	02:26.96	
	00:34.33	00:37.75	00:37.89	00:36.99	
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Coach feedback:

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<b>Event number: 25: 100M FREESTYLE MEN 11-12</b>		<b>Heat:1, starttime: 10:03</b>	
<b>Heat: 1/5 Lane : 1 Athlete: VERMOTE SIEBE</b>		<b>Q-time: 01:38:14</b>	
PB (50m pool): 01:38.14 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:37.03 SB: no time			
	<b>50 M</b>	<b>100 M</b>	
PB	00:45.38	01:38.14	
	00:45.38	00:52.76	
	.....	.....	

Coach feedback:

<b>Event number: 25: 100M FREESTYLE MEN 11-12</b>		<b>Heat:1, starttime: 10:03</b>	
<b>Heat: 1/5 Lane : 8 Athlete: GOUDESEUNE LEON</b>		<b>Q-time: 01:38:58</b>	
PB (50m pool): no time PB (25m pool): 01:38.58 SB: no time			
	<b>50 M</b>	<b>100 M</b>	
PB	no time	no time	
	no time		
	.....	.....	

Coach feedback:

<b>Event number: 25: 100M FREESTYLE MEN 11-12</b>		<b>Heat:2, starttime: 10:05</b>	
<b>Heat: 2/5 Lane : 2 Athlete: FERKET AIDAN</b>		<b>Q-time: 01:26:14</b>	
PB (50m pool): 01:26.14 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:20.47 SB: no time			
	<b>50 M</b>	<b>100 M</b>	
PB	00:40.91	01:26.14	
	00:40.91	00:45.23	
	.....	.....	

Coach feedback:

<b>Event number: 25: 100M FREESTYLE MEN 11-12</b>		<b>Heat:2, starttime: 10:05</b>	
<b>Heat: 2/5 Lane : 8 Athlete: MONTENY KENZIE</b>		<b>Q-time: 01:29:08</b>	
PB (50m pool): 01:29.08 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:27.50 SB: no time			
	<b>50 M</b>	<b>100 M</b>	
PB	00:41.69	01:29.08	
	00:41.69	00:47.39	
	.....	.....	

Coach feedback:

# PK LB W-Vlaanderen: Session: 3: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 25: 100M FREESTYLE MEN 11-12</b>		<b>Heat:4, starttime: 10:09</b>	
<b>Heat: 4/5 Lane : 2 Athlete: DE WILDE BAS</b>		<b>Q-time: 01:15:90</b>	
PB (50m pool): 01:35.55 Izegem 22/06/2024		PB (25m pool): 01:15.90 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	no time	01:35.55	
	<i>no time</i>		
	.....	.....	

Coach feedback:

<b>Event number: 25: 100M FREESTYLE MEN 11-12</b>		<b>Heat:5, starttime: 10:11</b>	
<b>Heat: 5/5 Lane : 0 Athlete: STAELENS TYLER</b>		<b>Q-time: 01:12:45</b>	
PB (50m pool): 01:12.45 Antwerpen 20/07/2025		PB (25m pool): 01:08.56 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:35.22	01:12.45	
	<i>00:35.22</i>	<i>00:37.23</i>	
	.....	.....	

Coach feedback:

<b>Event number: 25: 100M FREESTYLE MEN 11-12</b>		<b>Heat:5, starttime: 10:11</b>	
<b>Heat: 5/5 Lane : 2 Athlete: LAFORCE LANDER</b>		<b>Q-time: 01:10:88</b>	
PB (50m pool): 01:10.88 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 01:09.92 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:34.29	01:10.88	
	<i>00:34.29</i>	<i>00:36.59</i>	
	.....	.....	

Coach feedback:

<b>Event number: 25: 100M FREESTYLE MEN 11-12</b>		<b>Heat:5, starttime: 10:11</b>	
<b>Heat: 5/5 Lane : 8 Athlete: DAUWE LARS</b>		<b>Q-time: 01:11:99</b>	
PB (50m pool): 01:11.99 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 01:10.38 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:34.85	01:11.99	
	<i>00:34.85</i>	<i>00:37.14</i>	
	.....	.....	

Coach feedback:

# PK LB W-Vlaanderen: Session: 3: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 26: 200M FREESTYLE WOMEN 13+</b>				<b>Heat:2, starttime: 10:17</b>	
<b>Heat: 2/6 Lane : 6 Athlete: VAN CAUWENBERGE LIO</b>				<b>Q-time: 02:41:98</b>	
PB (50m pool): 02:41.98 Antwerpen 13/07/2025			PB (25m pool): 02:34.62 SB: no time		
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
PB	00:38.11	01:19.35	02:01.41	02:41.98	
	00:38.11	00:41.24	00:42.06	00:40.57	
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 26: 200M FREESTYLE WOMEN 13+</b>				<b>Heat:3, starttime: 10:21</b>	
<b>Heat: 3/6 Lane : 7 Athlete: DEVUYST OONA</b>				<b>Q-time: 02:31:51</b>	
PB (50m pool): 02:31.51 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 02:24.83 SB: no time		
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
PB	00:35.49	01:16.56	01:55.88	02:31.51	
	00:35.49	00:41.07	00:39.32	00:35.63	
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 26: 200M FREESTYLE WOMEN 13+</b>				<b>Heat:5, starttime: 10:27</b>	
<b>Heat: 5/6 Lane : 5 Athlete: DEPAEPE ELIZE</b>				<b>Q-time: 02:16:84</b>	
PB (50m pool): 02:15.42 Antwerpen 20/07/2025			PB (25m pool): 02:15.83 SB: no time		
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
PB	00:31.72	01:06.19	01:41.50	02:15.42	
	00:31.72	00:34.47	00:35.31	00:33.92	
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 26: 200M FREESTYLE WOMEN 13+</b>				<b>Heat:6, starttime: 10:30</b>	
<b>Heat: 6/6 Lane : 1 Athlete: CLAEYS DITTE</b>				<b>Q-time: 02:11:18</b>	
PB (50m pool): 02:11.18 Antwerpen 27/07/2025			PB (25m pool): 02:07.72 SB: no time		
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
PB	00:30.76	01:03.97	01:37.20	02:11.18	
	00:30.76	00:33.21	00:33.23	00:33.98	
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Coach feedback:

# PK LB W-Vlaanderen: Session: 3: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 27: 200M FREESTYLE MEN 13+</b>				<b>Heat:3, starttime: 10:41</b>	
<b>Heat: 3/8 Lane : 5 Athlete: VANSIELEGHEM JAYDEN</b>				<b>Q-time: 02:23:32</b>	
PB (50m pool): 02:23.32 Antwerpen 13/07/2025			PB (25m pool): 02:20.84 SB: no time		
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
PB	00:33.57	01:10.85	01:48.13	02:23.32	
	00:33.57	00:37.28	00:37.28	00:35.19	
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 27: 200M FREESTYLE MEN 13+</b>				<b>Heat:3, starttime: 10:41</b>	
<b>Heat: 3/8 Lane : 8 Athlete: VANDEVIJVERE LARS</b>				<b>Q-time: 02:30:68</b>	
PB (50m pool): no time			PB (25m pool): 02:30.68 SB: no time		
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
PB	no time	no time	no time	no time	
	no time				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 27: 200M FREESTYLE MEN 13+</b>				<b>Heat:4, starttime: 10:44</b>	
<b>Heat: 4/8 Lane : 9 Athlete: DEVOS MATHIS</b>				<b>Q-time: 02:22:74</b>	
PB (50m pool): 02:22.74 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): no time SB: no time		
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
PB	00:32.97	01:09.45	01:46.38	02:22.74	
	00:32.97	00:36.48	00:36.93	00:36.36	
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 27: 200M FREESTYLE MEN 13+</b>				<b>Heat:5, starttime: 10:47</b>	
<b>Heat: 5/8 Lane : 7 Athlete: QUARTIER MATISSE</b>				<b>Q-time: 02:16:93</b>	
PB (50m pool): 02:16.93 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 02:11.63 SB: no time		
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
PB	00:32.30	01:08.35	01:43.85	02:16.93	
	00:32.30	00:36.05	00:35.50	00:33.08	
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Coach feedback:

# PK LB W-Vlaanderen: Session: 3: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 27: 200M FREESTYLE MEN 13+</b>				<b>Heat:6, starttime: 10:50</b>	
<b>Heat: 6/8 Lane : 6 Athlete: DHEERE RéMI</b>				<b>Q-time: 02:10:44</b>	
PB (50m pool): no time		PB (25m pool): no time		SB: no time	
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 27: 200M FREESTYLE MEN 13+</b>				<b>Heat:8, starttime: 10:56</b>	
<b>Heat: 8/8 Lane : 0 Athlete: PROVOOST DAJO</b>				<b>Q-time: 02:03:31</b>	
PB (50m pool): 02:03.31 Antwerpen 27/07/2025		PB (25m pool): 02:00.15		SB: no time	
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	00:29.00	01:00.31	01:32.31	02:03.31	
	<i>00:29.00</i>	<i>00:31.31</i>	<i>00:32.00</i>	<i>00:31.00</i>	
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 27: 200M FREESTYLE MEN 13+</b>				<b>Heat:8, starttime: 10:56</b>	
<b>Heat: 8/8 Lane : 3 Athlete: VANSIELEGHEM KILLIAN</b>				<b>Q-time: 01:58:62</b>	
PB (50m pool): 01:58.62 Antwerp 09/02/2025		PB (25m pool): 01:55.02		SB: no time	
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	00:26.66	00:56.14	01:27.28	01:58.62	
	<i>00:26.66</i>	<i>00:29.48</i>	<i>00:31.14</i>	<i>00:31.34</i>	
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 27: 200M FREESTYLE MEN 13+</b>				<b>Heat:8, starttime: 10:56</b>	
<b>Heat: 8/8 Lane : 8 Athlete: VANDYCKE LUCAS</b>				<b>Q-time: 02:03:31</b>	
PB (50m pool): 02:03.31 Antwerpen 27/07/2025		PB (25m pool): 01:59.10		SB: no time	
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	00:27.52	00:59.63	01:32.97	02:03.31	
	<i>00:27.52</i>	<i>00:32.11</i>	<i>00:33.34</i>	<i>00:30.34</i>	
	.....	.....	.....	.....	

Coach feedback:

# PK LB W-Vlaanderen: Session: 3: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 29: 4x100M MEDLEY MEN 11+</b>							<b>Heat:1, starttime: 11:33</b>	
<b>Heat: 1/2 Lane : 7 Athlete: TEAM ROSC 2</b>							<b>Q-time: 99:99:99</b>	
<b>PB (50m pool):</b>			<b>PB (25m pool):</b>			<b>SB:</b>		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
<b>PB</b>								
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 29: 4x100M MEDLEY MEN 11+</b>							<b>Heat:2, starttime: 11:40</b>	
<b>Heat: 2/2 Lane : 2 Athlete: TEAM ROSC 1</b>							<b>Q-time: 04:14:76</b>	
<b>PB (50m pool):</b>			<b>PB (25m pool):</b>			<b>SB:</b>		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
<b>PB</b>								
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 29: 4x100M MEDLEY MEN 11+</b>							<b>Heat:2, starttime: 11:40</b>	
<b>Heat: 2/2 Lane : 5 Athlete: TEAM ROSC 3</b>							<b>Q-time: 04:07:16</b>	
<b>PB (50m pool):</b>			<b>PB (25m pool):</b>			<b>SB:</b>		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
<b>PB</b>								
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback: